

# FINANCIAL COACHING

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When it comes to personal finances, it's easy to feel stuck. You aren't alone! More than 50% of Americans admit they could not cover a \$1000 emergency; 20% are not saving anything; and nearly 50% have credit card debt. Those who express a desire to move forward often struggle with where to start.

FM Financial offers a free thirty-minute session with a financial coach who can help nudge you in the right direction. During the session, a coach can help you identify your best next step and provide resources and encouragement to get you started. A journey of a thousand miles begins with a single step ... a financial coach can help you take it.

## KEY INFORMATION

FM Financial coaches are most often engaged for questions regarding budgets, emergency funds, and paying down debt. Although they do not provide on-going follow-up and accountability, a coach can identify resources to help you stay on track.

Before engaging with a financial coach, we encourage you to take the Stewardship Well Done Journey Assessment. This free, brief questionnaire on our website can help you know areas where you are doing well and where you might need help. At the end of the questionnaire, there is an opportunity to sign up for a coaching session. You may also request a coaching session through the [contact form](#) on our website.



Scan the QR code or visit  
[www.fmfinancial.org](http://www.fmfinancial.org)  
to take the Stewardship Well Done  
Journey Assessment.

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## FREQUENTLY ASKED QUESTIONS



### Why does FM Financial provide financial coaching sessions?

We realize not everyone is ready for professional planning, investing, and giving services. But we do believe everyone can use assistance from time to time to identify and take their best next step regarding personal finances.



### What is the Stewardship Well Done Journey?

The Stewardship Well Done Journey consists of nine waypoints designed to position finances around biblical stewardship principles: 1) Priorities; 2) Budget; 3) Essential Documents; 4) Emergencies; 5) Retirement; 6) Debt; 7) Save; 8) Plan; and 9) Legacy. Visit the [resources](#) page on our website to view the videos and accompanying workbook.



### How long does the Stewardship Well Done Journey Assessment take?

The assessment should only take about 5-10 minutes to complete. If requested, a financial coach will contact you within 2 business days.



### What makes a good candidate for a coaching session?

Great coaching candidates include individuals and couples who are open-minded and just need a bit of direction to take another step on their personal financial journey. Those who feel stuck due to questions about budgeting, emergency funds, debt, or simple saving would likely find a coaching session to be helpful.

# 83%

OF PEOPLE THAT SET  
FINANCIAL GOALS FEEL BETTER  
ABOUT THEIR FINANCES AFTER  
JUST ONE YEAR.

\*Business Wire



FM Financial is the financial services ministry of FMCUSA. We offer professional planning, investing, and giving services for individuals and organizations from a biblical perspective.